



TRACK AND FIELD CHAMPIONSHIPS SATURDAY SCHEDULE

7:45 am

Track open for Warm-ups

8:45 am

Track Closes

9:00 am

First Race

The meet shall be run on a rolling start once the first race begins.

400 Meter Relay
800 Meter Run

Prayer and Invocation

100 / 110 Meter Hurdles
100 Meter Dash
800 Meter Relay
400 Meter Dash
300 Meter Hurdles
200 Meter Dash
1600 Meter Run
1600 Meter Relay

Running Order

1A Girls 2A Girls 3A Girls 4A Girls 5A Girls 6A Girls

1A Boys 2A Boys 3A Boys 4A Boys 5A Boys 6A Boys