



## TRACK AND FIELD CHAMPIONSHIPS SATURDAY SCHEDULE

8:00 am Track open for Warm-ups

8:45 am Track Closes

The meet shall be run on a rolling start once the first race begins.

400 Meter relay

800 Meter Run

### **Prayer and Invocation**

100 / 110 Meter Hurdles

100 Meter Dash

800 Meter Relay

400 Meter Dash

300 Meter Hurdles

200 Meter Dash

1600 Meter Run

1600 Meter Relay

### **Running Order**

1A Girls

2A Girls

3A Girls

4A Girls

5A Girls

6A Girls

1A Boys

2A Boys

3A Boys

4A Boys

5A Boys

6A Boys