



TAPPS East Region Swim Meet 2023



Warm-Up Locations

Shallow Pool											Competition Pool							Deep Pool	
1	2	3	4	5	6	7	8	9	10	11	B u l k h e a d	8							NOT IN USE - DO NOT ENTER
												7							
												6							
												5							
												4							
												3							
												2							
												1							

Warm Up #1

8:30am - 9:00

L1	Village
L2	Village
L3	Village
L4	Bay Area
L5	Bay Area
L6	Concordia Lutheran
L7	Concordia Lutheran
L8	St. Thomas (HST)
L9	St. Thomas (HST)
L10	St. John 23
L11	St. John 23

L1	Second Baptist/Emery Weiner
L2	Second Baptist/Emery Weiner
L3	Second Baptist/Emery Weiner
L4	Covenant Prep/Cypress Christian
L5	Covenant Prep/Cypress Christian
L6	Lutheran South
L7	Brazos Christian/ Faith West/ Pasadena First
L8	St. Pius/ Founders Christian/Alpha Omega

SCHEDULE

- 8:00 AM - Coaches Meeting in hospitality
- 8:30 AM - Warm-up #1
- 9:00 AM - Warm-up #2
- 9:30 AM - Competition Pool - Sprint lanes (2-7) ; 1 and 8 as push/pace
- 9:30 AM - Timers report outside the meet room on the deck
- 9:50 AM - Clear Pool
- 9:55 AM - Prayer and National Anthem
- 10:00 AM - Competition Begins

Warm Up #2

9:00 am - 9:30

L1	Legacy Prep
L2	Legacy Prep
L3	Legacy Prep
L4	Frassati
L5	Frassati
L6	Frassati
L7	St. Thomas Episcopal
L8	St. Thomas Episcopal
L9	British International/Fort Bend Christian
L10	British International/Fort Bend Christian
L11	British International/Fort Bend Christian

L1	Allen/Kelly/Northland
L2	Woodlands Christian/Providence Classical
L3	Logos/Houston Incarnate Word
L4	Logos/Houston Incarnate Word
L5	Logos/Houston Incarnate Word
L6	St. Agnes
L7	St. Agnes
L8	Lutheran North/St. Francis

Teams warming up in competition pool need to use part of this time on one-way starts so the other teams can use the blocks during the one-way start time.