

Robert Belk

UCS Specialist for Areas 5 and 6

Robert Belk

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Spring, TX 77386

713-471-9891
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Skills

- Teamwork
- Health & Wellness Instruction
- Group and individual instruction
- Management & Organization
- Motivational leadership style
- Relationship Building
- Adaptability
- Supportive & Compassionate.

Experience

Special Olympics Texas / UCCS Specialist

09/2021 - PRESENT, Fort Worth, TX

- Recruit new schools, educators, athletes and partners into Unified Champion Schools® (UCS) in the Fort Worth Independent School District;
- Support, plan and implement UCS events and competitions
- Support the University Scholastic League (UIL) Unified Sports events and competitions.
- Integrate Law Enforcement Torch Run Agencies into UCS Schools, Events and Competitions
- Assist campus liaisons with implementing new ideas and programs into UCS
- Seek new grant opportunities to support UCS programming
- Track grant reporting and maintain strict budget guidelines
- Maintain and cultivate community relationships to support UCS.
- Communication of organizational goals to regional team which must include, but are not limited to, best practices, innovation, retention and recruitment.

Riesel ISD / High School Teacher/Coach

07/2020 - 06/2021, Riesel, TX

- Assistant Football Coach- Worked with Junior High, JV, and Varsity athletes. Served as primary position coach for linebackers and offensive line for the varsity team.
- Assistant Basketball Coach- Worked with both JV & Varsity teams. Served as strength and conditioning coach for the duration of basketball season. Team achieved their goal of reaching the playoffs.
- Assistant Powerlifting Coach- Worked with high school boys and girls, ensuring each lift was completed with proper technique. 2 athletes reached their goal of qualifying for Regional Competition.

- Assistant Track Coach- Worked with Junior High, JV, and Varsity boys and girls in shot put & discus.
- Instilled discipline and principles of good sportsmanship in all players.
- Increased player strength, agility and game skills through successful practices.
- Encouraged everyone to cultivate a strong work ethic by demonstrating diligence, patience and respect for others.
- Developed game plans and adjusted to meet various game situations.
- Prepared athletes for special competitions and tournaments in each sport.

Sunflower Shoppe / Nutrition Specialist/Keyholder

11/2018 - 06/2020, Colleyville, TX

- Provided nutritional and supplemental advice/recommendations using knowledge in nutrition and kinesiology.
- Educated customers about long-term health benefits of balanced diets and exercise programs.
- Answered customer telephone calls promptly to avoid on-hold wait times.
- Offered advice and assistance to customers, paying attention to special needs or wants.
- Assisted with team responsibilities by cleaning, managing cash registers and product merchandising.
- Addressed employee issues and conflicts to provide input, feedback and coaching.
- Maintained inventory accuracy by counting stock-on-hand and reconciling discrepancies.
- Connected with customers daily to understand needs, provide assistance and collect feedback to optimize operations
- Responded to safety and loss prevention incidents

24 Hour Fitness/Personal Trainer III

05/2019-12/2019, Kessler Park, Dallas, TX

- Designed specific workout systems for individual clients based on performance ability.
- Demonstrated exercises and routines to clients to ensure proper technique and prevent injury.
- Modified exercises to client's fitness level and monitored client progress to adjust plans/goals as needed.
- Provided information or resources on general fitness and health issues.
- Grew customer base through word-of-mouth referrals based on customer satisfaction and results.
- Developed organization systems for personal fitness plans, records and contracts.
- Explained exercise modifications and contraindicated movements to participants with history of injury.
- Built customer loyalty by executing effective completion of training initiatives.

Anytime Fitness/Member Experience Manager

05/2018-11/2018, Keller, TX

- Ensured member satisfaction with services and facility upkeep.
- Implemented marketing strategies to generate leads for potential membership sales.
- Sold personal training contracts.
- Performed fitness consultations and conducted personal training sessions based on assessment of client's specific needs and goals.
- Participated in training for and obtained experience in overall club management. Filled in for managers at various locations as needed.
- Recommended specific products and services in alignment with individual needs, requirements and specifications

Education

Tarleton State University / Bachelor's Degree in Kinesiology

06/2016 - 08/2018, Stephenville, TX

- Elected Co-Captain of Texan Club Rugby, 2016-2018
- Awarded MVP & Outstanding Leadership medals in Rugby, 2016-2017 season
- Selected to play for the Lone Star Conference All-Star Rugby Team in New Zealand, summer 2017
- Member of Kinesiology Fitness Club
- Dean's List Spring 2017 & Spring 2018
- Coursework in Exercise Physiology, Sports Nutrition, Conditioning & Fitness, Adaptive Physical Education

Certifications

- *Physical Education EC-12 (158)*
(ITeachTexas Alternative Teaching Certification)
- *Specialist in Exercise Therapy:*
Granting Organization: International Sports Sciences Association [ISSA]
- *Specialist in Sports Nutrition:*
Granting Organization: International Sports Sciences Association [ISSA]
- *First Aid/CPR and AED:*
Granting Organization: American Heart Association (Expiration Date: August 2022)

References

Keith Stifflemire
Teacher/Coach
Lake Worth High School
254-749-2902

Krystal Wilson
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Riesel ISD
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Sara J Mills
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