



2025 *Alamo City Mile and Relays*

Meet Information

When: March 7-8, 2025

Where: Ferrara Field, Antonian College Preparatory High School

Entry & Fees

\$10 per athlete, \$40 per relay. Entries must be paid online and there is no entry cap in 2025.

• **Entry deadline is Monday, March 3 at 11:00 a.m. (CTZ)**

and must be made at <https://tx.milesplit.com/meets/640405-alamo-city-mile-and-relays-2025>.

• **Entry fees can be paid with credit/debit cards through txmilesplit' secure account.**

Checks/cash payments will NOT be accepted the day of the meet.

• Direct all questions to Alamo City Mile and Relays coordinator **Bob Briseno**

• Race assignments will be posted Wednesday, March 5 at txmilesplit.

Meet Details

• All relay competitors must represent their High School and compete in school uniform (no exceptions). Neither “club” nor “unattached” competition is allowed in relays.

• **Individuals in “non-relay” events may compete for their “club” or “unattached”.**

• **Time Schedule:**

- Friday Afternoon “Rock’n Relay” session + co-ed Open 1600, 200m, and High School Elite 3200m
- Saturday Afternoon “Defender” session

• **Entries and marks from 2024 and 2025 will be accepted.**

• Relays or individual entries/marks entered without a time will not be accepted. All events will be contested slowest to fastest.

• **Awards:** T-Shirts will be presented in each session.

COACHES REGISTRATION INSTRUCTIONS:

EVENTS OFFERED: 800m | 1600 | *Rising Stars 1600m (9th & 10th grade)* | 2k Steeplechase | 3200m | 100m | 200m | 800m | 1600m Sprint Medley | Distance Medley

Verified best marks compete in the “Elite” section; next best compete in the “Seeded” session; followed by the “Open” sections. The Rising Stars 1600 is for freshmen and sophomore girls and boys only. Please see the tentative time schedule included.

REGISTRATION OVERVIEW:

- Entry requests should be submitted through txmilesplit.com.
- You need to create an account if you don't already have one.
- All registration marks are verified. If you enter a bogus mark, your entries will be denied.

ENTRIES THRU TXMILESPLIT ONLY:

REGISTRATION GUIDELINES:

- **Genuine marks:** DO NOT fabricate marks. All performances are verified! Fabricating a mark will cause us to drop ALL your athletes from seeding consideration into ANY event.
- **Event maximums:** Enter an athlete in a maximum of three events. Meet management reserves the right to avoid accepting athletes into overly difficult event combinations.
- **Fully-automatic timing only:** Track marks must use fully automatic timing (FAT). No hand times!
- **Acceptable meets:** Marks can only be from official high school invitationals, district, region championships, state championships, USATF Junior Nationals, Junior Olympics, Nike Indoor Nationals, and USATF-sanctioned meets from the 2024 or 2025 seasons. Marks are **not accepted** from all-comers, non-sanctioned meets, dual meets, or meets. Again, OFFICIAL high school invitationals and NFHS or USATF sanction-approved postseason meets only.
- **Relays requirements:** For the relays, you MUST enter the names of the four athletes with the entry mark.
- **Actual and Aggregate Relay Marks* (aggregate are optional, but with a time penalty):** Actual relay times are given greater weighting than aggregate times. For all relays coaches may enter an aggregate time (added time) of marks by the four athletes if the team has not competed in that relay event this season. If using an aggregate time, you MUST put "Aggregate" in the entry note. After an event is seeded, we then place teams into heats based on times, assessing a penalty on times that are aggregate marks.
- **Time penalties that we add for aggregate marks are as follows:**
 - o **1600m SMR:** We add 8 seconds for the boys 1600m SMR and 11 seconds for the girls 1600m SMR.
 - o **Distance Medley:** We add 19 seconds for the boys DMR and 23 seconds for the girls DMR.
 - o ****You DO NOT add in these time adjustments; we will assess these time conversions after seeding to determine the heat placements. ****

KEY DATES

- **Team Registration & Athlete Entry Deadline: Monday, March 3, 2025 at 11 a.m. CST.** is the date/time when schools must have registered online and entered athletes into their requested events.
- **Marks verifications & seeding process: Tuesday, March 4th** verification of all marks and determine acceptances and seeding.
- **Acceptances posted online: Wednesday, March 5th** in the afternoon is when athlete acceptances are posted online.
- **Entry fee payment:** Fees can only be paid online.
- **Unpaid Entries:** Any unpaid entries will be scratched from the meet.

PACKET PICK-UP:

Packet pick-up will be held on Friday, March 7 beginning at 2 p.m. and Saturday, March 8 beginning at 1 p.m. and will be located at the gate entrance outside the Antonian Track.

Event Check-In Running Events: Entrants must check in with the meet clerk 20 minutes prior to the start of the scheduled event. Athletes failing to report at this time will be scratched. Heats and flights may be reseeded at check-in.

Timing: DL Timing will take care of all the timing needs. A live results link will be provided in advance of the meet.

Tent City: Team camps can be set up outside the fenced track at the South end of the track.

Athletic Trainers: Athletic trainer tents will be set up at the south goal post area. ACP trainers will be on hand to assist any athletes in need.

Alamo City Mile and Steeple Meet Schedule

2025 Alamo City Mile and Relays Meet Schedule

FRIDAY NIGHT (March 7, 2025) "ROCK'N RELAYS" SESSION

EVENT #	DAY	CHECK-IN	START TIME	GENDER	EVENT	LEVEL	HEATS	ENTRIES	AWARDS
1	FRIDAY	3:45 PM	4:00 PM	GIRLS	DISTANCE MEDLEY	OPEN	1	15	TOP 5
2	FRIDAY	4:05 PM	4:15 PM	BOYS	DISTANCE MEDLEY	OPEN	1	15	TOP 5
3	FRIDAY	4:20 PM	4:30 PM	GIRLS	200M	OPEN	1	8	TOP 3
4	FRIDAY	4:25 PM	4:35 PM	GIRLS	200M	SEEDED	1	8	TOP 5
5	FRIDAY	4:30 PM	4:40 PM	GIRLS	200M	HS ELITE	1	8	TOP 6
6	FRIDAY	4:35 AM	4:45 PM	BOYS	200M	OPEN	1	8	TOP 3
7	FRIDAY	4:40 PM	4:50 PM	BOYS	200M	SEEDED	1	8	TOP 5
8	FRIDAY	4:45 PM	4:55 PM	BOYS	200M	HS ELITE	1	8	TOP 6
9	FRIDAY	4:50 PM	5:00 PM	CO-ED	1600 METERS	OPEN	1	12	TOP 3
10	FRIDAY	4:59 PM	5:09 PM	CO-ED	1600 METERS	OPEN	1	12	TOP 3
11	FRIDAY	5:08 PM	5:18 PM	CO-ED	1600 METERS	OPEN	1	12	TOP 3
12	FRIDAY	5:17 PM	5:27 PM	CO-ED	1600 METERS	OPEN	1	12	TOP 3
13	FRIDAY	5:26 PM	5:36 PM	CO-ED	1600 METERS	OPEN	1	12	TOP 3
14	FRIDAY	5:35 PM	5:45 PM	CO-ED	1600 METERS	OPEN	1	12	TOP 3
15	FRIDAY	5:44 PM	5:54 PM	GIRLS	3200 METERS	HS ELITE	1	16	TOP 6
16	FRIDAY	5:58 PM	6:08 PM	BOYS	3200 METERS	HS ELITE	1	16	TOP 6

2025 Alamo City Mile and Relays Meet Schedule

SATURDAY (MARCH 8, 2025) "DEFENDER" SESSION

EVENT #	DAY	CHECK-IN	START TIME	GENDER	EVENT	LEVEL	HEATS	ENTRIES	AWARDS
17	SATURDAY	2:45 PM	3:00 PM	GIRLS	2K STEEPLECHASE	SEEDED	1	15	TOP 5
18	SATURDAY	2:55 PM	3:10 PM	BOYS	2K STEEPLECHASE	SEEDED	1	15	TOP 5
19	SATURDAY	3:03 PM	3:18 PM	CO-ED	1600 METERS	OPEN	1	12	TOP 3
20	SATURDAY	3:11 PM	3:26 PM	CO-ED	1600 METERS	OPEN	1	12	TOP 3
21	SATURDAY	3:19 PM	3:34 PM	CO-ED	1600 METERS	OPEN	1	12	TOP 3
22	SATURDAY	3:27 PM	3:42 PM	CO-ED	1600 METERS	OPEN	1	12	TOP 3
23	SATURDAY	3:36 PM	3:51 PM	CO-ED	1600 METERS	OPEN	1	12	TOP 3
24	SATURDAY	3:45 PM	4:00 PM	GIRLS	100M	OPEN	1	8	TOP 3
25	SATURDAY	3:49 PM	4:04 PM	GIRLS	100M	SEEDED	1	8	TOP 4
26	SATURDAY	3:53 PM	4:08 PM	GIRLS	100M	HS ELITE	1	8	TOP 6
27	SATURDAY	3:57 PM	4:12 PM	BOYS	100M	OPEN	1	8	TOP 3
28	SATURDAY	4:01 PM	4:16 PM	BOYS	100M	SEEDED	1	8	TOP 4
29	SATURDAY	4:05 PM	4:20 PM	BOYS	100M	HS ELITE	1	8	TOP 6
30	SATURDAY	4:09 PM	4:24 PM	GIRLS	RISING STARS 1600 METERS	SEEDED	1	12	TOP 5
31	SATURDAY	4:16 PM	4:31 PM	BOYS	RISING STARS 1600 METERS	SEEDED	1	12	TOP 5
32	SATURDAY	4:23 PM	4:38 PM	GIRLS	800 METERS	OPEN	1	8	TOP 3
33	SATURDAY	4:26 PM	4:41 PM	GIRLS	800 METERS	OPEN	1	8	TOP 3
34	SATURDAY	4:31 PM	4:46 PM	GIRLS	800 METERS	SEEDED	1	8	TOP 5
35	SATURDAY	4:36 PM	4:51 PM	BOYS	800 METERS	OPEN	1	8	TOP 3
36	SATURDAY	4:41 PM	4:56 PM	BOYS	800 METERS	OPEN	1	8	TOP 3
37	SATURDAY	4:45 PM	5:00 PM	BOYS	800 METERS	SEEDED	1	8	TOP 5
38	SATURDAY	4:50 PM	5:05 PM	CO-ED	1600 METERS	OPEN	1	12	TOP 3
39	SATURDAY	4:54 PM	5:09 PM	CO-ED	1600 METERS	OPEN	1	12	TOP 3
40	SATURDAY	4:58 PM	5:13 PM	CO-ED	1600 METERS	OPEN	1	12	TOP 3
41	SATURDAY	5:02 PM	5:17 PM	CO-ED	1600 METERS	OPEN	1	12	TOP 3
42	SATURDAY	5:06 PM	5:21 PM	GIRLS	1600 METERS	SEEDED	1	12	TOP 5
43	SATURDAY	5:11 PM	5:26 PM	BOYS	1600 METERS	SEEDED	1	12	TOP 5

44	SATURDAY	5:16 PM	5:31 PM	GIRLS	1600 METERS SPR MED	SEEDED	1	8	TOP 5
45	SATURDAY	5:20 PM	5:35 PM	BOYS	1600 METERS SPR MED	SEEDED	1	8	TOP 5
46	SATURDAY	5:24 PM	5:39 PM	GIRLS	800 METERS	HS ELITE	1	8	TOP 6
47	SATURDAY	5:28 PM	5:43 PM	BOYS	800 METERS	HS ELITE	1	8	TOP 6
48	SATURDAY	5:34 PM	5:49 PM	GIRLS	1600 METERS	HS ELITE	1	12	TOP 6
49	SATURDAY	5:41 PM	5:56 PM	BOYS	1600 METERS	HS ELITE	1	12	TOP 6