

Restricted & Non-Restricted & Equipment

Restricted Equipment

RESTRICTED equipment may be used once Shells/Full Pads are allowed. Below is a list of examples of restricted equipment.

- Protective Player Equipment (helmets, shoulder pads (hard & soft shell), thigh pads, knee pads, etc...)
- Sleds (Blocking, Tackling, and Specialty Sleds/Dummies)
 - o 1-man, 2-man, 3-man, 4-man, 5-man, 7-man, etc...
 - o Post Mount/Stationary/Hanging Equipment







• Run Through's (Blaster, Gauntlet, etc...)





Hand Free Shields





Mobile Tackling Dummies

o Shadow Man, MVP Drive, etc...





Non-Restricted Equipment

NON-RESTRICTED equipment may be used anytime during the season or while school is in session. Below is a list of examples of non-restricted equipment.

• Dummies (Stand-Up, Pop-Up, and Step-over Dummies)



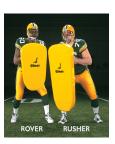






Hand Shields







Tackle Wheels/Donuts





• Player Equipment (Soft Shell helmets)

