



## TAPPS East Region Swim Meet 2026



### Warm-Up Locations

Shallow Pool										Competition Pool								Deep Pool				
1	2	3	4	5	6	7	8	9	10	B	8										NOT IN USE - DO NOT ENTER	
										u	7											
										l	6											
										k	5											
										h	4											
										e	3											
										a	2											
										d	1											

#### Warm Up #1

8:40am - 9:05

L1	Kelly
L2	Calvary Baptist/Fort Bend
L3	Concordia Lutheran/Cypress Christian
L4	Concordia Lutheran/Cypress Christian
L5	Concordia Lutheran/Cypress Christian
L6	St. Pius
L7	St. Pius
L8	St. Thomas Houston
L9	St. Thomas Houston
L10	Divine Savior/Faith West/Emery

L8	Lutheran South/Pasaden First Baptist
L7	Lutheran South/Pasaden First Baptist
L6	Lutheran South/Pasaden First Baptist
L5	St. Thomas Episcopal
L4	Legacy Prep/Northland
L3	Legacy Prep/Northland
L2	Frassati
L1	Frassati

#### SCHEDULE

8:10 AM - Coaches Meeting in hospitality  
 8:40 AM - Warm-up #1  
 9:05 AM - Warm-up #2  
 9:30 AM - Competition Pool - Sprint (2-7) ; 1 and 8 push/pace  
 9:30 AM - Timers report outside the meet room on the deck  
 9:50 AM - Clear Pool  
 9:55 AM - Prayer and National Anthem  
 10:00 AM - Competition Begins

#### Warm Up #2

9:05 am - 9:30

L1	British
L2	British
L3	Logos
L4	Logos
L5	Logos
L6	Village
L7	Village
L8	Village
L9	Alpha Omega/Bay Area
L10	Alpha Omega/Bay Area

L8	St. Agnes
L7	St. Agnes
L6	St. John 23
L5	St. John 23
L4	St. John 23
L3	Second Baptist Cypress/Providence/HIW
L2	Second Baptist Cypress/Providence/HIW
L1	Houston Second Baptist/Grace Christian

Teams warming up in competition pool need to use part of this time on one-way starts so the other teams can use the blocks during the one-way start time.