



TAPPS North Region Swim Meet 2026 WARM-UP



Shallow Warm up Pool Deep

1	2	3	4	5	6	7	8	9	10	11	12	13
1	2	3	4	5	6	7	8	9	10	11	12	13

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Competition Pool

1	2	3	4	5	6	7	8	9	10

Warm-Up #1

8:30 am - 9:00

L 1	Austin St. Michaels/Waldorf
L 2	Parish Episcopal
L 3	Parish Episcopal
L 4	Midland Classcial/Midland Christian
L 5	Midland Classcial/Midland Christian/Midland Trinity
L 6	John Paul II
L 7	John Paul II
L 8	John Paul II
L 9	Grapevine Faith/Longview Christian
L 10	Grapevine Faith/Longview Christian
L 11	Lakehill Prep/Harvest Christian/FW Christian
L 12	Alcuin
L 13	Alcuin

L 1	Addison Trinity/All Saints Lubbock
L 2	Trinity Christian WP
L 3	Trinity Christian WP
L 4	Trinity Christian WP
L 5	Legacy Christian/Weatherford Christian
L 6	Bishop Lynch
L 7	Bishop Lynch
L 8	Bishop Lynch
L 9	FW All Saints/Argyle Liberty
L 10	Bishop Dunne/Holy Trinity Temple

SCHEDULE:

8:00 AM - Coach's Meeting in Hospitality

8:30 AM - Warm-up #1

9:00 AM - Warm-up #2

9:30 AM - One-way starts lanes 2-9; push/pace 1 and 10

9:30 AM - Timers' meeting in weight room - deck level

9:50 AM - Clear pool

9:55 AM - Prayer and National Anthem

10:00 AM - Competition begins

Teams that have warm-ups in the competition pool should use this time to practice one-way starts so teams in the other pool can use the 9:30 -9:50 slot to do their one-ways.

Warm- Up #2

9:00 am - 9:30 am

L 1	Brentwood
L 2	Plano Prestonwood/Prestonwood Christian
L 3	Plano Prestonwood/Prestonwood Christian
L 4	Lubbock Christian/Mercy Culture
L 5	Lubbock Christian/Mercy Culture
L 6	Coram Flower Mound/Coram Plano
L 7	Coram Flower Mound/Coram Plano
L 8	Coram Flower Mound/Coram Plano
L 9	Dallas International
L 10	Dallas International
L 11	Ursuline
L 12	Ursuline
L 13	Bishop Gorman/Bracken Christian/Grace Prep

L 1	Tyler Grace
L 2	Tyler Grace
L 3	Nolan
L 4	Nolan
L 5	Nolan/Hyde Park
L 6	SW Christian/Westwood/Regents
L 7	SW Christian/Westwood/Regents
L 8	Shelton/Covenant Christian
L 9	Ovilla/Pantego
L 10	Midland Trinity/Winston