

## 1A North & South Regional Track Meets 2026

*(Updated 4/7/26)*

**Date:** April 24, 2026

### **North Regional Location:**

#### **Lake Country Christian School**

7050 Lake Country Drive

Fort Worth, Texas 76179

[Map to School](#) | [Map of Facility](#)

### **South Regional Location:**

#### **New Braunfels Christian Academy**

220 FM 1863

New Braunfels, Texas 78132

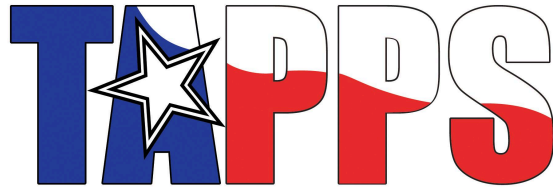
[Map to School](#) | [Map of Facility](#)

### **Entries:**

- Entries will be made in the TAPPS posted meets in Athletic.net.
- Please make sure your school code is the same as shown in TMS
- **If the athletic.net school code is different from the TAPPS code, please request athletic.net to change it to the assigned code.**
- Entry Deadline: April 15, 2026
- Entry Fees:
  - Individual Entries \$15 per entry
  - Relays \$45 per entry
  - Payable at the meet
  - [LINK TO BLANK INVOICE](#)
- Maximum Entry limits shall be applied without exception
  - No more than three (3) entries per school in individual events and
  - One entry per school in each relay

### **Results**

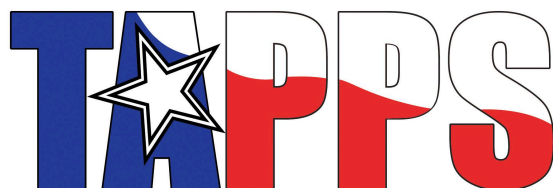
Results will be posted on the TAPPS website after the conclusion of the meet.



## 1A North & South Regional Track Meets 2026

### General Information:

- Rules
  - 2026 NFHS Track and Field Rules
  - TAPPS Track and Field Rules
  - TAPPS General Rules
- TAPPS Fair Effort Rule
  - The TAPPS Fair Effort rule will be in place once the meet begins
- Field Events
  - Event Minimums
    - Opening Heights shall be as published in the current TAPPS By-Laws
    - A competitor must clear or meet the opening height or minimum mark in order to advance to the state tournament
  - Workers
    - Schools shall provide workers for events in which they have student entered
  - Field Event attempts
    - Each competitor shall be allowed three attempts in the preliminary round with the top 8 advancing to the finals and three additional attempts
    - However, based on entries and conditions, the field horizontal events and throws may be reduced to 4 total attempts for all competitors
- Officials
  - TAPPS will provide certified lead officials for the meet
- Awards
  - Top Four (4) Finishers in each event
  - To be available when schools check out of the event
- Advancement to the State Championship Meet
  - Qualifiers will be automatically entered into the championship meet
    - Individual Events
      - Deadline for Drops - May 4th at noon
      - Fair Effort Rule Effective Date - May 4th at noon
      - Drops should be made through the form located on the Track page of the TAPPS website
    - Relay Event
      - Relay entry change form will be available through the TAPPS website



## 1A North & South Regional Track Meets 2026

7:30 am Facility Opens  
7:45 am Registration; Implement Check In Opens (Shot and Discus)  
8:15 am Coaches Meeting  
8:45 am Implement Check in Closes

9:00 am 3200 Meter Run\*

9:00 am Field Events Begin\*

### Field Event Schedule - Rolling Start

Field Event Block 1	Boys Shot Put	Girls Discus	Girls Pole Vault
Field Event Block 2	Boys High Jump	Girls Long Jump	Boys Triple Jump
Field Event Block 3	Boys Discus	Girls Shot Put	Boys Pole Vault
Field Event Block 4	Boys Long Jump	Girls Triple Jump	Girls High Jump

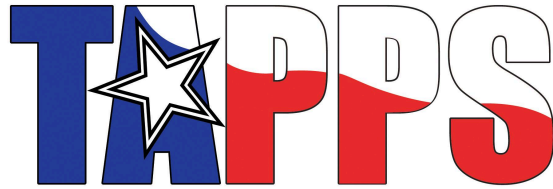
### Minimum Distances for a Mark:

If an attempt does not meet the minimum requirement it will not be measured or recorded.

Long Jump	Girls 12'	Boys 15'
Triple Jump	Girls 24'	Boys 35'
Shot Put	Girls 20'	Boys 30'
Discus	Girls 50'	Boys 70'

### Opening Heights

High Jump	Girls 4'	Boys 5'
Pole Vault	Girls 6'	Boys 8'



## 1A North & South Regional Track Meets 2026

### Field Event Worker Assignments

**Throws** (Shall include Recorder, Tape Pull, 2 or more in field to retrieve)

Boys Shot Put

Girls Discus

Boys Discus

Girls Shot Put

**Jumps** (Shall include Recorder, Tape Pull, 2 or more in field to rake)

Boys Long Jump

Girls Long Jump

Boys Triple Jump

Girls Triple Jump

**Verticals** (Shall include Recorder, 2 or more to set the bar)

Boys High Jump

Girls High Jump

Boys Pole Vault

Girls Pole Vault

### **Running Events\***

All running events are timed finals

Any heated events will be seeded by entry times

4 x 100 M Relay

800 M Run

100 M Hurdles

110 M Hurdles

100 M Dash

800 M Relay

400 M Dash

300 M Hurdles

200 M Dash

1600 M Run

1600 M Relay

\*All events are considered final events. The TAPPS Fair Effort Rule is in effect once the meet begins.